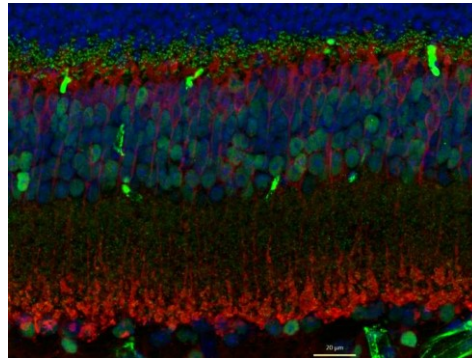




IN CNR Annual Retreat 2017

*Hotel Flamingo Resort,
S. Margherita di Pula (CA)
September 28–30, 2017*



How to get to the retreat venue

Hotel Flamingo Resort

SS 195, Km 33.800
09010 Santa Margherita di Pula (Cagliari), Sardinia, Italy

Phone: +39 070 9208361
Fax: +39 070 9208359
E-mail: info@hotelflamingo.it
<http://www.hotelflamingo.it/>

The Flamingo Resort Hotel is located in Santa Margherita di Pula approximately 40 km from Cagliari and 43 kilometers from the Cagliari-Elmas airport. The hotel is at the km 33.800 of the "Strada Statale" (SS) 195 Sulcitana.

Transfer from / to the airport

A bus service will be provided to IN researches attending the retreat. On September 28, the bus will leave from the Cagliari-Elmas airport, directed to the Hotel Flamingo. On September 30, the bus will leave from the Hotel Flamingo to the Cagliari-Elmas Airport.

Schedules will be available later depending on time of arrival/departure.

How to get to the retreat venue by public transportation

Train-bus. From the new Elmas Airport railway station you can reach the main railway station in Cagliari (Piazza Matteotti) in about 6 minutes. The train ticket costs € 1.30 (one way) and can be purchased at the automatic ticket machines located at the arrival terminal or at the airport railway station), at any ticket offices and authorized outlets, as well as at Trenitalia's website (<http://www.trenitalia.com/>; Trenitalia call center 89 20 21). From 5 am to 9 pm, approximately 1 train every 20 minutes leaves the Elmas Airport railway station directed to the main railway station in Cagliari.

Next to the Cagliari railway station in Piazza Matteotti is the ARST bus station, from which you can take the bus n. 129 directed to Sant'Anna Arresi that in 50 minutes will take you to Santa Margherita di Pula, 1 km from Hotel Flamingo Resort. The ticket fee is € 3.70 (tickets can also be purchased online from <https://pos.dropticket.it/arst/scelta-tdv>). Attached the bus n. 129 timetable.

Directions to the Hotel Flamingo Resort from the Cagliari - Elmas Airport

Take the airport exit to Via dei Trasvolatori towards Cagliari. Merge onto Strada Statale 130 (SS130). Once you enter the 4-lane road, continue for approx 4.6 km. Keep the left, and at the intersection follow the signs for SS195 / Pula and merge onto the SS195. Continue on SS 195 for approximately 35.9 km; you will cross about 8 roundabouts. Pass the town of Pula (it will be on your left) without actually entering the town, and turn left at Km 33.800. Drive approximately 1 km towards the coast to find the Hotel entrance.

**129 SANT'ANNA ARRESI-TEULADA-PULA-CAGLIARI**

km	1 FER	3 FER	5 GIOR	7 FER	9 PENT	11 FER	13 FER	15 FES9	17 FER	19 FER	21 GIOR	23 FER	25 STA2
S.ANNA ARRESI	---	---	05:45	06:10	06:30	07:15	---	---	---	---	09:20	---	---
6,0 SA PORTEDDA	---	---	05:52	---	---	07:22	---	---	---	---	09:27	---	---
14,0 TEULADA	---	---	06:00	06:25	06:45	07:30	---	---	---	---	09:35	---	---
22,0 NURAXEMESU	---	---	06:15	---	---	07:45	---	---	---	---	09:50	---	---
28,0 DOMUSDEMARIA	---	---	06:25	06:45	07:05	07:55	---	---	09:00	---	10:00	---	---
33,0 BIVIO CHIA	---	---	06:30	---	---	08:00	---	---	09:05	---	10:05	---	---
37,0 CHIA (BAIA)	---	---	06:35	---	---	08:05	---	---	09:10	%	10:10	---	12:00 %
41,0 BIVIO CHIA	---	---	06:40	---	---	08:10	---	---	09:15	---	10:15	---	12:05
43,0 CAPO BLU	---	---	06:42	---	---	08:12	---	---	09:17	---	10:17	---	12:07
45,0 FORTE VILLAGE	---	---	06:45	---	---	08:15	---	---	09:20	---	10:20	---	12:10
50,0 S.MARGHERITA	---	---	06:50	---	---	08:20	---	---	09:25	---	10:25	---	12:15
55,0 PULA	05:30	06:20	07:00	---	07:30	08:30	08:55	09:15 *	09:35	10:10	10:35	11:25	12:25
59,0 VILLA S.PIETRO	05:37	06:27	07:07	---	---	08:37	09:02	09:22	09:42	10:17	10:42	11:32	12:32
63,0 SARROCH	05:45	06:35	07:15	07:15	---	08:45	09:10	09:30	09:50	10:25	10:50	11:40	12:40
65,0 BIVIO RAFFINERIA SARAS	05:48	06:38	07:18	07:18	---	08:48	09:13	09:33	09:53	10:28	10:53	11:43	12:43
69,0 VILLA D'ORRI	05:56	06:46	07:26	07:26	---	08:56	09:21	09:41	10:01	10:36	11:01	11:51	12:51
72,0 SU LOI (FRUTTI D'ORO)	06:00	06:50	07:30	07:30	---	09:00	09:25	09:45	10:05	10:40	11:05	11:55	12:55
73,0 BIVIO CAPOTERRA	06:02	06:52	07:32	07:32	---	09:02	09:27	09:47	10:07	10:42	11:07	11:57	12:57
88,0 CAGLIARI (STAZ.ARST)	06:20	07:10	07:50	07:50	---	09:20	09:45	10:05	10:25	11:00	11:25	12:15	13:15 *
Km. per corsa	33,0	33,0	88,0	80,0	47,0	88,0	33,0	33,0	60,0	33,0	88,0	33,0	51,0

% = Coinc. con corsa stesso Q prov.da Teulada-Tueredda

@ = (STA3) CORSA FESTIVA DAL 16/6 AL 15/9

* = (FES9) CORSA FESTIVA DAL 16/9 AL 15/6

* = (STA2) CORSA GIORNALIERA DAL 16/6 AL 15/9

**129 SANT'ANNA ARRESI-TEULADA-PULA-CAGLIARI**

km	27 FER	29 FER	31 SCOL	33 SCOL	35 GIOR	37 FEST	39 FER	41 GIOR	43 STA3	45 FER9	47 STA2	49 GIOR
S.ANNA ARRESI	11:40	---	---	---	13:55	15:45	---	---	---	---	---	---
6,0 SA PORTEDDA	11:47	---	---	---	14:02	15:52	---	---	---	---	---	---
14,0 TEULADA	11:55	---	---	---	14:10	16:00	---	18:10	---	---	---	---
22,0 NURAXEMESU	12:10	---	---	---	14:25	---	---	18:25	---	---	---	---
28,0 DOMUSDEMARIA	12:20	---	---	---	14:35	16:20	---	18:35	---	---	---	---
33,0 BIVIO CHIA	12:25	---	---	---	14:40	---	---	18:40	---	---	---	---
37,0 CHIA (BAIA)	12:30	---	---	---	14:45	---	16:40	18:45	18:45 @	---	20:00 %	---
41,0 BIVIO CHIA	12:35	---	---	---	14:50	---	16:45	18:50	18:50	---	20:05	---
43,0 CAPO BLU	12:37	---	---	---	14:52	---	16:47	18:52	18:52	---	20:07	---
45,0 FORTE VILLAGE	12:40	---	---	---	14:55	---	16:50	18:55	18:55	---	20:10	---
50,0 S.MARGHERITA	12:45	---	---	---	15:00	---	16:55	19:00	19:00	---	20:15	---
55,0 PULA	12:55	13:25	13:55	14:25	15:10	---	17:05	19:10	19:10	19:25 *	20:25	21:30
59,0 VILLA S.PIETRO	13:02	13:32	14:02	14:32	15:17	---	17:12	19:17	19:17	19:32	20:32	21:37
63,0 SARROCH	13:10	13:40	14:10	14:40	15:25	16:50	17:20	19:25	19:25	19:40	20:40	21:45
65,0 BIVIO RAFFINERIA SARAS	13:13	13:43	14:13	14:43	15:28	16:53	17:23	19:28	19:28	19:43	20:43	21:48
69,0 VILLA D'ORRI	13:21	13:51	14:21	14:51	15:36	17:01	17:31	19:36	19:36	19:51	20:51	21:56
72,0 SU LOI (FRUTTI D'ORO)	13:25	13:55	14:25	14:55	15:40	17:05	17:35	19:40	19:40	19:55	20:55	22:00
73,0 BIVIO CAPOTERRA	13:27	13:57	14:27	14:57	15:42	17:07	17:37	19:42	19:42	19:57	20:57	22:02
88,0 CAGLIARI (STAZ.ARST)	13:45	14:15	14:45	15:15	16:00	17:25	17:55	20:00	20:00	20:15	21:15 *	22:20
Km. per corsa	88,0	33,0	33,0	33,0	88,0	80,0	51,0	74,0	51,0	33,0	51,0	33,0

% = Coinc. con corsa stesso Q prov.da Teulada-Tueredda

* = (FER9) CORSA FERIALE DAL 16/9 AL 15/6

* = (STA2) CORSA GIORNALIERA DAL 16/6 AL 15/9





129 SANT'ANNA ARRESI-TEULADA-PULA-CAGLIARI

km	2 FER	4 GIOR	6 FER	8 FER	10 STA2	12 FES9	14 FER	16 FER	18 FER	20 FER	22 SCOL	24 GIOR
CAGLIARI (STAZ.ARST)	05:25	06:30	07:20	08:00	08:20	* 08:20	* 09:15	10:30	11:30	12:00	12:30	12:40
15,0 BIVIO CAPOTERRA	05:43	06:48	07:38	08:18	08:38	08:38	09:33	10:48	11:48	12:18	12:48	12:58
16,0 SU LOI (FRUTTI D'ORO)	05:45	06:50	07:40	08:20	08:40	08:40	09:35	10:50	11:50	12:20	12:50	13:00
19,0 VILLA D'ORRI	05:49	06:54	07:44	08:24	08:44	08:44	09:39	10:54	11:54	12:24	12:54	13:04
23,0 BIVIO RAFFINERIA SARAS	05:57	07:02	07:52	08:32	08:52	08:52	09:47	11:02	12:02	12:32	13:02	13:12
25,0 SARROCH	06:00	07:05	07:55	08:35	08:55	08:55	09:50	11:05	12:05	12:35	13:05	13:15
29,0 VILLA S.PIETRO	06:08	07:13	08:03	08:43	09:03	09:03	09:58	11:13	12:13	12:43	13:13	13:23
33,0 PULA	06:15	07:20	08:10	08:50	09:10	09:10	10:05	11:20	12:20	12:50	13:20	13:30
38,0 S.MARGHERITA	---	07:30	08:20	---	09:20	---	---	---	12:30	---	---	13:40
43,0 FORTE VILLAGE	---	07:35	08:25	---	09:25	---	---	---	12:35	---	---	13:45
45,0 CAPO BLU	---	07:38	08:28	---	09:28	---	---	---	12:38	---	---	13:48
47,0 BIVIO CHIA	---	07:40	08:30	---	09:30	---	---	---	12:40	---	---	13:50
51,0 CHIA (BAIA)	---	07:45	08:35	---	09:35	%	---	---	12:45	---	---	13:55
55,0 BIVIO CHIA	---	07:50	08:40	---	---	---	---	---	12:50	---	---	14:00
60,0 DOMUSDEMARIA	---	07:55	08:45	---	---	---	---	---	12:55	---	---	14:05
66,0 NURAXEMESU	---	08:05	---	---	---	---	---	---	13:05	---	---	14:15
74,0 TEULADA	---	08:20	---	---	---	---	---	---	13:20	---	---	14:30
82,0 SA PORTEDDA	---	08:28	---	---	---	---	---	---	13:28	---	---	14:38
88,0 S.ANNA ARRESI	---	08:35	---	---	---	---	---	---	13:35	---	---	14:45
Km. per corsa	33,0	88,0	60,0	33,0	51,0	33,0	33,0	33,0	88,0	33,0	33,0	88,0

* = (STA2) CORSA GIORNALIERA DAL 16/6 AL 15/9

* = (FES9) CORSA FESTIVA DAL 16/9 AL 15/6

§ = EFFETTUA FERMATA PIAZ. SARAS

@ = (STA3) CORSA FESTIVA DAL 16/6 AL 15/9

* = (FER9) CORSA FERIALE DAL 16/9 AL 15/6

% = Coic. con corsa stesso Q per Teulada - Tuerredda



129 SANT'ANNA ARRESI-TEULADA-PULA-CAGLIARI

km	26 SCOL	28 FER	30 FEST	32 FER	34 FER	36 PENT	38 STA3	40 GIOR	42 FER9	44 STA2	46 GIOR	48 GIOR
CAGLIARI (STAZ.ARST)	13:00	13:30	14:15	14:15	15:20	16:15	§ 16:25	@ 17:30	18:30	* 18:30	* 19:35	20:35
15,0 BIVIO CAPOTERRA	13:18	13:48	14:33	14:33	15:38	16:33	16:43	17:48	18:48	18:48	19:53	20:53
16,0 SU LOI (FRUTTI D'ORO)	13:20	13:50	14:35	14:35	15:40	16:35	16:45	17:50	18:50	18:50	19:55	20:55
19,0 VILLA D'ORRI	13:24	13:54	14:39	14:39	15:44	16:39	16:49	17:54	18:54	18:54	19:59	20:59
23,0 BIVIO RAFFINERIA SARAS	13:32	14:02	14:47	14:47	15:52	16:47	16:57	18:02	19:02	19:02	20:07	21:07
25,0 SARROCH	13:35	14:05	14:50	14:50	15:55	16:50	17:00	18:05	19:05	19:05	20:10	21:10
29,0 VILLA S.PIETRO	13:43	14:13	14:58	14:58	16:03	16:58	17:08	18:13	19:13	19:13	20:18	21:18
33,0 PULA	13:50	14:20	15:05	15:05	16:10	17:05	17:15	18:20	19:20	19:20	20:25	21:25
38,0 S.MARGHERITA	---	14:30	15:15	15:15	16:20	17:15	17:25	18:30	---	19:30	20:35	---
43,0 FORTE VILLAGE	---	14:35	15:20	15:20	16:25	17:20	17:30	18:35	---	19:35	20:40	---
45,0 CAPO BLU	---	14:38	15:23	15:23	16:28	17:23	17:33	18:38	---	19:38	20:43	---
47,0 BIVIO CHIA	---	14:40	15:25	15:25	16:30	17:25	17:35	18:40	---	19:40	20:45	---
51,0 CHIA (BAIA)	---	14:45	15:30	15:30	16:35	---	17:40	18:45	---	19:45	% 20:50	---
55,0 BIVIO CHIA	---	14:50	15:35	15:35	---	17:25	---	18:50	---	---	20:55	---
60,0 DOMUSDEMARIA	---	14:55	15:40	15:40	---	17:30	---	18:55	---	---	21:00	---
66,0 NURAXEMESU	---	15:05	15:50	15:50	---	17:40	---	19:05	---	---	21:10	---
74,0 TEULADA	---	15:20	16:05	16:05	---	17:55	---	19:20	---	---	21:25	---
82,0 SA PORTEDDA	---	15:28	---	16:13	---	---	---	19:28	---	---	21:33	---
88,0 S.ANNA ARRESI	---	15:35	---	16:20	---	---	---	19:35	---	---	21:40	---
Km. per corsa	33,0	88,0	74,0	88,0	51,0	66,0	51,0	88,0	33,0	51,0	88,0	33,0





129 CHIA (BAIA)-TUARREDDA-MALFATANO-CAMPIONNA-TRAMATZU-TEULADA--(VIA LITORANEA)

km	1 STA2	3 STA3	5 FER3	7 STA2	9 STA2	
CHIA (BAIA)	09:40	*	---	---	20:00	X
5,0 TUERREDDA	09:50	*	---	---	20:10	*
8,0 CAPO MALFATANO	09:55	---	---	---	20:15	
13,0 CAMPIONNA	10:03	---	---	---	20:23	
13,9 BAIA DELLE GINESTRE	10:05	---	---	---	20:25	
22,4 TEULADA SPIAGGIA	10:15	13:20	@	13:50 °	18:45 *	20:35
31,4 TEULADA	10:30	13:35	14:05	19:00	20:50	

Km. per corsa 31,4 9,0 9,0 9,0 31,4

* = Proviene da Cagliari con corsa stesso Q

X = Coinc. con corsa stesso Q da Cagliari

* = (STA2) CORSA GIORNALIERA DAL 16/6 AL 15/9

@ = (STA3) CORSA FESTIVA DAL 16/6 AL 15/9

° = (FER3) CORSA FERIALE DAL 16/6 AL 15/9



129 CHIA (BAIA)-TUARREDDA-MALFATANO-CAMPIONNA-TRAMATZU-TEULADA--(VIA LITORANEA)

km	2 STA2	4 STA2	6 STA3	8 FER3	10 STA2	
TEULADA	08:05	*	11:10 *	13:00 @	13:35 °	19:05 *
9,0 TEULADA SPIAGGIA	08:20	11:25	13:15	13:50	19:20	
17,5 BAIA DELLE GINESTRE	08:30	11:35	---	---	19:30	
18,4 CAMPIONNA	08:32	11:37	---	---	19:32	
23,4 CAPO MALFATANO	08:40	11:45	---	---	19:40	
26,4 TUERREDDA	08:45	11:50	---	---	19:45	
31,4 CHIA (BAIA)	08:55	+	12:00 *	---	19:55	+

Km. per corsa 31,4 31,4 9,0 9,0 31,4

* = (STA2) CORSA GIORNALIERA DAL 16/6 AL 15/9

@ = (STA3) CORSA FESTIVA DAL 16/6 AL 15/9

° = (FER3) CORSA FERIALE DAL 16/6 AL 15/9

+

= Coinc. con corsa stesso Q per Cagliari

* = Prosegue con corsa stesso Q per Cagliari